

For people and their pets  
**Endeavour**  
 End domestic abuse!



# Paw Prints

The newsletter for Friends of Paws for Kids Vol: 20 Issue 2 Summer 2017

Endeavour is the working title for Paws for Kids, a unique and diverse support service, making a real difference to all those affected by domestic abuse

## The Big Lottery gives Safe Haven a helping hand

In June, the Safe Haven Project received some very welcome news; we have been successful in a bid to the National Lottery and have received a grant to part fund the Safe Haven Project. The £77,000 a year grant will be a lifeline to improve the safety and well-being of people living in Bolton.

The funding comes from The Big Lottery's Reaching Communities programme which aims to help those most in need and build stronger communities. The grant funding will help us to implement our idea of a Whole Life Approach - Life Audit - Victim to Survivor - The Journey. We intend this approach to be:

**RELEVANT** support for survivors at any stage of their own experiences of domestic abuse - pre-contemplation, contemplation, preparation or taking action to implement changes.

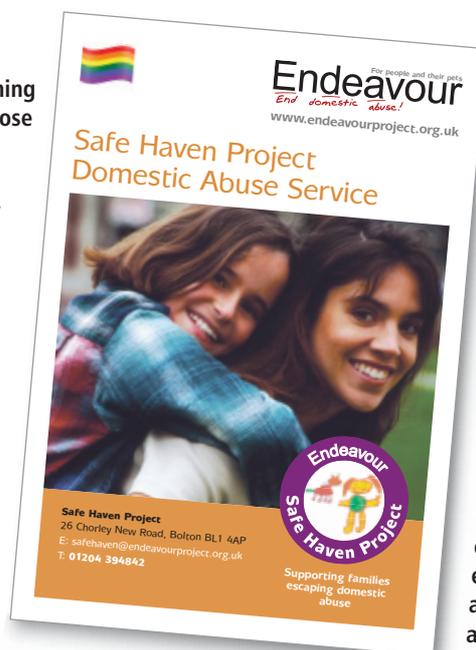
**INDIVIDUAL** support - they can slot into Safe Haven support at whichever stage they are at. Some beneficiaries will need resettlement support, while some will need support to leave abusive relationships.

**NEEDED:** we are currently seeing a rise in medium/low risk cases where intervention at this stage would help to prevent escalation of abuse into MARAC or Child Protection.

The support provided will include a six-week programme focused on empowering vulnerable women to make positive changes to their own lives, through activities centred on building confidence, building self-respect, and exploring positive ways to approach and deal with difficult life situations.

As the only charity in the North West which works with all sectors of the community escaping domestic abuse - women, men, vulnerable young adults, those in same sex relationships and animals, we will endeavour to work with beneficiaries from the point of leaving the abusive situation to passing through the homeless system and their eventual resettlement in the community. This can help them avoid being transferred to other support services which may not be focusing on the holistic approach towards domestic abuse and violence.

We are delighted to receive the grant as it signifies how far Paws for Kids and our Endeavour services have developed over the years. This five-year Big Lottery funding will enable Endeavour to ensure all who are affected by domestic abuse in Bolton are able to access relevant support.



## Domestic Abuse Summit

On 15th June, the Be Safe Bolton Strategic Partnership hosted its first Domestic Abuse and Violence Summit at Bolton Technology and Information Centre, Bolton. The aim is to share with partners and stakeholders the work that has been developed and progressed around domestic abuse in Bolton.

Since the launch of Bolton's latest domestic abuse strategy, there have been many developments and progress has been made with some innovative projects and fantastic multi-agency working which has enabled services in Bolton to lead the way across Greater Manchester.

The event show-cased work taking place in Bolton and gave professionals the opportunity to find out more about specific programmes through participation in the workshops. Over 70 professionals from 30 different agencies attended the event, the feedback was that agencies and individuals found the day to be both interesting and thought provoking.

Tracey from Endeavour facilitated a workshop on MARAC referral processes for high risk victims, whilst Jan from Safe Haven Young Peoples Service facilitated a workshop on working with young people and the support available - both workshops were well attended and received a positive response from participants.



Other workshops included, IRIS the GP based Domestic Abuse Referral and Support Service, STRIVE Early Help for standard low risk domestic abuse incidents reported to greater Manchester Police and the Inner Strength Change Behaviour Programme Support for adults, in an intimate partner relationship, perpetrating domestic abuse.

Domestic abuse and violence is a high priority issue for Bolton Council. Everyone at Endeavour works hard all year round supporting people and pets to get the right help, empowering them to stay safe, and we are currently supporting 211 victims across our projects.

# Inspire Women Awards 2017

Bolton's third annual Inspirational Women Awards ceremony, held on Friday 12th May in the Chancellor's Building, University of Bolton, was the biggest and best yet, with a much larger audience and more awards being presented than on previous occasions.

I was delighted to receive this year's 'Founders Award' in recognition of work over the last 20 years since the founding of Paws for Kids in 1997. The award was presented by Gulnaz Brennan the founder of Inspire Women and Provost of Bolton University, Dr Zubair Hanslot. Winning this award not only gave recognition to the importance of work being done in the women's sector, but also gave me personally the opportunity to showcase the work of Paws for Kids giving the Endeavour projects wider public recognition for our achievements. This award is a fantastic boost to morale for the staff team, volunteers and women survivors of domestic abuse in Bolton.

The award 'master of ceremonies', introducing each of the winners, was Gordon Burns, best known for being the host of Granada TV's 'The Krypton Factor' for 18 years and BBC's regional news programme 'North West Tonight' for 15 years.

Before the ceremony began, all the nominees and guests enjoyed a delicious 3-course buffet supper prepared by R & K Caterers and then Gordon Burns opened proceedings with anecdotes from his days as a television presenter.

During the ceremony there was an interval for a beautiful ballet performance by Niamh and Jasmine, from Bolton Dance Theatre, and singer Zoe Ainsworth, from Leigh, sang powerful versions of 'Desperado' and 'Proud'. Zahra Alijah spoke on the subject of women's accomplishments, and Robin Graham entertained the audience with his unique brand of 'Laughter Yoga'.



L-R: TV personality and MC Gordon Burns, Gulnaz Brennan, founder of Inspire Women, 'Our Carole' (scrubbed up well) and Dr Zubair Hanslot, Provost of Bolton University.



The final award of the night was Woman of the Year, won by Octagon Theatre's Artistic Director Elizabeth Newman, but the unsuspecting recipient was directing the play 'Winter Hill' at the Octagon Theatre and her arrival was delayed. The trusty and experienced Gordon Burns ad-libbed his way through the consequent interval with amusing and entertaining stories and then, just as he was about to resort to risqué jokes, the winner of the Bolton Woman of the Year Award turned up in the nick of time to save us all..!

I felt privileged to receive my award as I believe that the recognition of women's work is paramount to ensuring a fairer, safer future for our daughters, sisters and mothers. "An empowered woman is powerful beyond measure". Needless to say the award has pride of place in Endeavour's office.

*Carole*

## Charity sleep-out update

On April 21st, along with 19 others from Bolton Young Peoples Housing Services, I slept out in a car park all night to draw attention to homeless people - in particular I wanted to highlight the plight of homeless people and their pets.

A big thank you to everyone who sponsored me - raising a total of £310 towards the running of the pets service. Below is an excerpt from Maura Jackson's blog - Maura is the CEO of Bolton Young Persons Housing Scheme and was the driving force behind this event.

"My colleagues had asked me if I was taking my dog on the sleep out? My instant response was "no way"; it's too cold for him. I thought about that, I wasn't prepared to let my dog sleep outside. He's my baby. But our kids are out there, frightened and alone. We knew it wasn't real but that doesn't mean we shouldn't do it and it doesn't take away the fact that we did something.

As the organiser you simply cannot ask people to volunteer and get sponsorship and ask them to sleep in a situation that makes them unsafe, that causes risks and could harm them in any way. So it has been argued we don't really know what it's like to sleep rough and in the main we don't. That was never our claim. But three of the group have lived the experience. None of us are experts; that's not what this was about, nor was it to be a martyr to the cause. It's just one way of raising awareness and money.

We each lay in our "pitch" from midnight, in silence and some slept and others didn't. It was impossible to feel comfortable. My feet went numb. My nose was literally dripping like a tap. But it didn't rain!! I was so relieved since we had no shelter. I felt "punch drunk" all the next day. It was very disorientating. We all knew we were going home and that twelve hours outside, whilst uncomfortable wasn't real hardship. I sat there at three in the morning feeling grateful for that. I dread to think what it's like for real".



Left: Maura Jackson - Chair, Endeavour and CEO Bolton Young Persons Housing Scheme and below, 'Our Carole' who appears to be auditioning for a role in the remake of the 1922 film, 'Nanook of the North'.



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at Home**

Research shows it takes only 3 weeks for someone to adjust to the "pavement culture". They stop making eye contact, develop survival skills about where and when to sleep, avoiding any public who may abuse, judge or exploit them, adapt to life without regular meals, access to bathing or laundry. BYPHS intervenes in the downward cycle of homelessness while people are still young and before that culture becomes acceptable, or even normal. As Maura says, if 20 people have more insight than they did before and they all tell one other person then we have achieved something.

Young people, ALL people, should not have to sleep outside on the streets in the UK in this day and age; it's a shocking symptom of our society and something many of us wouldn't even tolerate for our dogs.

## Soul food for Bolton

On Wednesday 21st June, 'World Humanist Day' we joined forces with The Healthy Indulgence Café and Holistic Centre in partnership with Bolton Young Persons Housing Scheme in a "Pay it Forward" initiative for those who are either homeless, fleeing domestic abuse, suffering with mental illness AND experiencing poverty.

We are encouraging the public to eat or drink at the café and whilst there 'pay one forward' by buying a coffee and cake token for £2.50 or a meal or a drink token for £5.00. These tokens can be passed on to someone deserving who may need a decent meal, or simply a pleasant eating out experience and some social interaction.

For every token purchased a voucher will be given to one of three local charities - BYPHS, Endeavour Domestic Abuse Services

and Bolton Community Kitchen to distribute to the most disadvantaged clients who can then use the voucher to access the meals.

At Endeavour, the people we work with are often on very low or even nil income - and until benefits can be put in place we are able to provide them with access to food banks. Many of them don't usually get the opportunity to go for a coffee and cake - something many of us may take for granted. The Healthy Indulgence Café will provide this experience free of charge - via the token scheme. We feel this will make all the difference. Just being able to eat out once in a while is an enjoyable experience and can be quite uplifting - especially for those who may have low self-esteem and feel isolated from the general community.



L-R: Endeavour Operations Manager Tracey Dewe with Maura Jackson our chair and CEO of BYPHS, a member of café staff, and a representative from Bolton at Home who have sponsored £100 worth of tokens.

## The power of Facebook [Facebook.com/PawsforKids](https://www.facebook.com/PawsforKids)

Tracey our Operations Manager takes referrals on a daily basis for our Safe Haven Project, and Michelle, our Safe Haven worker (pictured) supports women and men escaping domestic abuse who have to be placed in temporary accommodation in Bolton. Often people flee with no time to gather belongings and recently we have had 3 families in particular who literally had no possessions or food, and no clothing other than what they stood up in.

This is where the power of Facebook and teamwork came to the rescue. Tracey put out several appeals for clothing and baby equipment, and thanks to the generosity of our Facebook supporters, Michelle was able to provide all 3 families with clothing, food and a pushchair. We do not have storage space to keep a supply of clothing in the office, so appeals like these are particularly important. Thank you to all the individuals who answered our appeals to help these families and a big thank you goes to staff at accountants Cowgill Holloway for donations of clothes and John Galimore for food donations.



### Your old mobiles wanted

We regularly purchase mobile phones for victims whose violent partners have smashed or taken their mobiles as a way of keeping them isolated. If you have an unwanted mobile please consider donating it to IDVA or the Young Persons Service. We can return it to factory settings, purchase a sym and pass the mobile on to one of the women or men we are working with. This will ensure they can contact police or support services and also save Endeavour funds that can be used in other ways. Phone chargers are also required, with or without the mobile (chargers are often left behind in the rush to escape). These can be dropped off at the office. All models gratefully accepted. Thank you.

## Leaves belong on trees, poo bags belong in bins



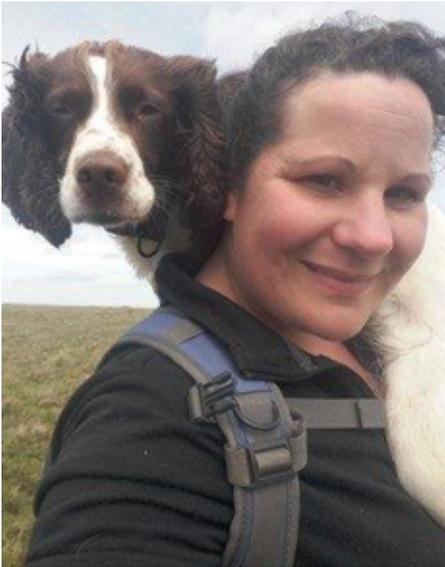
**Living on the edge of the West Pennine Moors I often see bags of dog poo left hanging from trees or on railings. Giving people the benefit of the doubt, I hope that the dog owners will collect their dog's poo on their return. Sadly, however, this is not always the case and bags are left hanging on trees until they decay.**

Bags of abandoned poo has become a blight across Britain. National Trust Dartmoor raised the issue on social media in March this year by posting a picture on the National Trust Dartmoor Facebook site of a dog poo bag hanging in a hazel tree; it had thousands of hits and generated a flurry of responses. I frequently come across bags discarded in trees and bushes, hung on barbed wire fences, left under benches or simply dumped on the path. It often spoils some of the best views and I feel must have a negative effect on tourism.

Recent reports in the Westmorland Gazette of nearly 50 bags of dog mess left in White Moss Woods, a small beauty spot in the Lake District, provoked anger from locals and calls for more bins to be installed in areas popular with dog walkers.

Is this really the answer? Surely more dog poo bins would spoil the natural environment and cost councils more money to service and empty? Is there not an obvious answer - that dog owners simply take the bags back to their homes and dispose of it in their bins?

At Endeavour we promote the use of poo bags and always have a supply at hand. We always recommend biodegradable bags as plastic takes thousands of years (no exaggeration) to break down. These bags are often available free of charge from councils or can be bought cheaply in bulk and are much kinder to the environment than plastic bags in landfills.



## 5k run/walk

Don't forget there is still time to take part in our July fundraiser to raise funds & awareness for people and their pets escaping domestic abuse. A 5k walk or run can be completed in your own time in your own location anytime in July. Simply pay your £20 registration fee for the event you wish to participate in via our events page at: [www.justgiving.com/campaigns/charity/paws-for-kids/Charitywalk-run2017](http://www.justgiving.com/campaigns/charity/paws-for-kids/Charitywalk-run2017)

Then we can order your medal!

Not only will you feel physically fitter, your spirits will also be lifted improving your mental health - don't forget the full amount of your registration fee will be donated to Endeavour - helping people and their pets escape from domestic abuse.

Of course if your family, colleagues or friends decide that they want to sponsor you, we can send you a sponsor sheet or why not set up your own JustGiving page - no hassle for you and donations including Gift Aid comes directly to Endeavour.

The JustGiving page has already raised £305.00. Thank you for everyone who has gone 'that extra mile' - literally! Your support has really made a difference to the people we work with.

## Supporter goes the extra mile

Long standing Pet Service supporter Charlotte Lewis is once again going the extra mile for the Endeavour Pets Service. Charlotte is competing in the original PARAS' 10 race, now firmly established as one of the UK's "must do" endurance challenges, located at the famous Catterick Garrison in North Yorkshire.

The endurance race is open to civilians and military and has the reputation of being 'the ultimate' 10 mile endurance race. The Parachute Regiment challenge is to attempt the 10 Mile 'P' Company Cross Country Route, carrying a bergen (rucksack) weighing 35lb (excluding food and water) and wearing long trousers with 'military style' or hiking boots with ankle support. Charlotte says "Me and my Springer will be tabbing (TAB stands for Tactical Advance to Battle) the Para's 10 Catterick in September carrying 35lbs - only me carrying the weight of course, not my dog".

This is not an easy task for either me or my dog but I am up for this challenge. Together we will make it through this to help all animals to escape domestic abuse before they are harmed. Any support given will be fantastic".

You can support Charlotte via her JustGiving page: [www.justgiving.com/fundraising/charlotte-lewis29](http://www.justgiving.com/fundraising/charlotte-lewis29)



Joining the 50/50 Club not only gives you the opportunity of winning a cash prize (better odds than the National Lottery) but 50% of all funds raised goes back into the service. The more numbers bought by supporters means larger cash prizes plus financial security for the Pets Service, so it's win-win all round.

Standing Order forms are available by ringing the Endeavour office on 01204 394842 or by downloading a form via the website [www.endeavourproject.org.uk](http://www.endeavourproject.org.uk)

## Prize Draw Winners

Each month we draw 3 lucky winners who receive cash prizes of: 1st prize - £150, 2nd prize - £50, 3rd prize - £25.

The following 9 supporters won prizes in the last three 50/50 Club draws in 2016.

### April: First prize £150

Hannah Davidson - Leyland  
**ticket No. 410**

**2nd prize £50**

D E Hardman from Wigan  
**ticket No. 315**

**3rd prize £25**

Jane Boast - Horwich  
**ticket No. 16**

### May: First prize £150

Emma Matthews - Ashton-u-Lyne  
**ticket No. 294**

**2nd prize £50**

Kate Williams - Stretford  
**ticket No. 49**

**3rd prize £25**

Sheila Ramsdale - Wigan  
**ticket No. 267**

### June: First prize £150

Sian Walmsley - Leyland  
**ticket No. 179**

**2nd prize £50**

Sarah Whitelegg - Ramsbottom  
**ticket No. 124**

**3rd prize £25**

Alan Keen - Bury  
**ticket No. 399**

All tickets drawn by Kirsty Lane from the Lets Get Going Group Work



**Get your newsletter by email** If you have access to a computer, why not help us save money on postage, printing and envelopes by receiving your copy of Paw Prints as a pdf to read on screen or print out yourself? To be added to the list email [carole@endeavourproject.org.uk](mailto:carole@endeavourproject.org.uk)

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### Website

[www.endeavourproject.org.uk](http://www.endeavourproject.org.uk)

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